

## Script Help Documentation

[CreativeDojo.net](http://CreativeDojo.net)

Please read the License Agreement before using this script. To install, extract or place all the files included in the .zip file into your ScriptUI Panels folder within your After Effects directory:

- **Windows:** C:\Program Files\Adobe\Adobe After Effects CSX\Support Files\Scripts\ScriptUI Panels
- **Mac:** Applications/Adobe After Effects CSX/Scripts/ScriptUI Panels

To use the script, go to the 'Window' menu inside After Effects and select the script name.