

INSTALLATION:

1. Copy the file **ft-Toolbar2.jsxbin** into the folder "**Support Files\Scripts\ScriptUI Panels**" (on Windows) or "**Scripts/ScriptUI Panels**" (on Mac) of your After Effects installation.
2. Start **ft-Toolbar2** (via the "**Window**" menu in After Effects)

USAGE:

Here is a full video tutorial that explains all the features in ft-Toolbar2:

<http://www.youtube.com/watch?v=0hb3ARRQkik>

Enjoy!